

# **OWEN COUNTY CHURCH LEAGUE**

## **Co-ed Volleyball League Rules**

- Each team must have at least six members on the team roster.
- Each team must have five players to play a match.
- At least TWO females must be on the floor at all times.
- All players must be at least 12 years of age.
- A ball must be returned with no more than three hits.
- Substitutions are made at the serving position.
- Scoring is based on the Rally Point System. Points are awarded on every play. A point is awarded to the team that wins a particular rally.
- Games are played to 25. If the score is 24-24 the game will continue until one team has a two-point advantage (e.g. 27-25).
- If the ball hits the net on the serve it is "in play," just as if it were to hit the net in the middle of a rally.
- All matches are the best two out of three games. Every team will play three games on a scheduled night even if the match has already been decided after two games.
- No one may be added to a team roster after the sixth week of play.
- For a player to be eligible to compete in tournament play he/she must have participated in at least one match prior to the tournament.
- If a player arrives after a game has already begun he/she must wait until the next game to play.
- If the ball hits the ceiling and crosses over to the other side of the court, it is considered a dead ball and a point is awarded to the other team. If the ball hits the ceiling and remains on the same side of the court, the ball is still in play.
- If the ball hits the backboard or walking track, it is considered a dead ball and a point is awarded to the other team.
- "Spiking" is allowed, but no part of your body may touch the net when doing so. You cannot spike on a serve.
- Contact with the ball using your foot is not allowed.
- Switching is not allowed.
- All other rules are the same as those of the United States Volleyball Association.